

Notes by Natalie is designed by a board-certified music therapist with experience in special education populations. It is an accessible, music-based curriculum that offers the positive facilitation of therapeutic progress towards non-music goals. Through the communicative, educational, social, physical, and cognitive domains, this curriculum is a personalized musical experience that users can candidly interact with.

Through the utilization of the Helping Friends application and Point Motion Control technology, accurate data collection and engagement are established from the first “session”. While making progress, clients are rewarded and encouraged through the use of music for motivation, relaxation, and sensory stimulation.

The author, Natalie, possesses endless enthusiasm and boundless optimism for the outcome that this curriculum facilitates. Through a multitude of consultation and direct service experiences in special education classrooms, Natalie understands the need for accurate data collection and functional music for educators, independent learning for students, and fun interaction for efficacious therapeutic results. As a clinician, Natalie believes in the *person* beneath a diagnosis. This curriculum can be accessible to all, regardless of societal barriers, functioning levels, and diagnoses.

While users progress through the therapeutic milestones of this curriculum, they are simultaneously developing social-emotional skills focused around the themes of friendship, empathy, diversity, and inclusion. The core values of this curriculum are present in each part of the journey while competently addressing specific therapeutic goals. This curriculum aims to make the world a better, more unified place by modeling empowerment through kindness.