

Name of Curriculum: Sound Sage

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Summary:

Sound Sage is sneaky therapy! Whether using the Helping Friends Application as an ongoing assessment tool or as a protocol for intervention, the Sound Sage curriculum presents a uniquely entertaining and meaningful music-based platform for supporting growth in client engagement, sustained attention, motor planning, proprioception, range of motion, strength, and endurance. Sound Sage offers five progressive experience types to meet your data collection and intervention needs for all age ranges and ability levels. The Sound Sage curriculum bundle includes:

Sound Sage Yoga Flow

Appropriate for all age ranges and abilities. Developed in concert with yoga master Christine Romer, Sound Sage Yoga Flow is a holistic mind-body experience that can also be used as a powerful tool for reducing anxiety. Compositional elements such as frequencies, tempos, and textures are informed by the latest research in the fields of music and sound therapy. Yoga Flow programs are ideal for group or individual sessions. Adapted and seated Yoga Flow routines included.

Sound Sage Storyline

With fun and original songs, soundscapes, and narrative musical offerings created specifically for younger users and tweens (ages 3-12), Storyline programs are perfect for use with PT and OT protocols in hospital, clinical, and classroom settings.

Sound Sage Power Play

Geared towards teens and adults, Power Play programs feature high-energy music with light narration and a spin class vibe that will motivate your clients to push themselves using body weight or progressive resistance.

Sound Sage Free-Play

The Sound Sage Free-Play format is a flexible experience perfect for use as a primer and in initial assessments. The Free-Play MT programs are designed for use by music therapists who want to interact musically and/or improvise with their clients during program play. Free-Play programs are included in the Yoga Flow, Storyline, and Power Play materials collection.

Sound Sage On Point

On Point programs have been formatted to measure reaction time and are included in the Yoga Flow, Storyline, and Power Play materials collection. Cueing formats for measuring reaction time include narration, visual, and MT therapist led.